

# ST. HELENS



## Are You Volcano Ready?

In 1980, Mount St. Helens reminded us that volcanoes can change lives in a moment. The landslide and eruption opened a vast crater. Volcanic mudflows (lahars) submerged valley floors, and ash scattered over many western states. Lava erupted from 1980-1986 and again from 2004-2008, beginning the rebuilding process.

- Get to know your local volcano's hazards
- Register for notifications about the volcano's activity
- Make a plan to prepare your entire family for any emergency



Learn more about Mount St. Helens hazards:  
[http://volcanoes.usgs.gov/volcanoes/st\\_helens/](http://volcanoes.usgs.gov/volcanoes/st_helens/)

